

# DIETETICS PROGRAM

## Dietetic Service Supervisor/Dietetic Technician

### LONG BEACH CITY COLLEGE

#### Curriculum Guide for Academic Year of 2009-2010

#### Associate in Arts and/or Certificate of Achievement

ALL INFORMATION CONTAINED HEREIN IS SUBJECT TO CHANGE WITHOUT NOTICE.

For possible updates to this guide please refer to the following website: <http://osca.lbcc.edu>

#### CAREER OPPORTUNITIES

This program is designed to train students to be employed as Dietetic Service Supervisors and Dietetic Technicians who function as managers/supervisors and nutritional care specialists in the dietary departments of hospitals or other health care facilities.

#### DIETETIC SERVICE SUPERVISOR:

The Dietetic Service Supervisor is the food service director of a health care facility, is a member of the dietetic team, functioning under the supervision of a Registered Dietitian, Dietetic Technician, or administrator. This program is the state approved program meeting federal OBRA and Title 22 requirements of the California State Licensing Regulation for food service supervisors in general acute care hospitals, acute psychiatric hospitals, skilled nursing facilities, rehabilitation and convalescent hospitals, and intermediate care facilities.

Upon successful completion of the program, the student is eligible to apply for a Dietetic Service Supervisor Certificate. The student may also receive the Associate in Arts degree if the graduation requirements are completed.

#### DIETETIC TECHNICIAN:

The Dietetic Technician is a nutritional counselor and is a member of the dietetic health care team, functioning under the direction of a Registered Dietitian. Accredited by the Commission on Accreditation of Dietetics Education/American Dietetics Association, this program instructs the student in nutritional care, teaching techniques, nutrition principles, diet modification, nutritional counseling, and food service management. Dietetic Technicians are trained to function as nutritional care specialists in the dietary departments of hospitals, clinics, and other health care facilities.

For the Dietetic Technician Program, students must fulfill the Associate Degree requirements (by completing the Certificates of Achievement for both the Service Supervisor and the Technician programs and the graduation requirements). The students will then have earned both the Associate Degree and the TWO Certificates of Achievement. The student is eligible to take the American Dietetic Association Registration Commission on Dietetic Registration Exam to become a Registered Dietetic Technician.

#### DEPARTMENTAL ADMISSION REQUIREMENTS

None. For further information, please call (562) 938-4550 or 938-4193.

#### REQUIRED COURSES

#### UNITS

In Progress      Completed Grade

#### DIETETIC SERVICE SUPERVISOR PROGRAM

REQUIRED COURSES		UNITS	In Progress	Completed Grade
F & N 20	Nutrition & Life (F, SP, S)	3		
F & N 21	Food Selection & Meal Preparation (F)	4		
F & N 224	Sanitation, Safety & Equipment (F)	3		
F & N 225	Intro. Food Service & Work Organization (SP)	3		
F & N 227	Supervision & Training Tech. (SP)	3		
F & N 228	Food Production Management (SP)	3		
F & N 230AC	Clinical Field Exp. I (F, SP) (2 semesters required)	2:2		
F & N 231	Menu Planning & Food Purchasing (F)	3		
F & N 232	Diet Therapy (SP)	3		
<b>TOTAL UNITS</b>		<b>29</b>		

**NOTE:** Completion of these courses entitles student to a Dietetic Service Supervisor Career certificate, approved by the California State Department of Health Services. Dietetic Service Supervisor completers must take the Dietetic Service Supervisor competency examination.

## DIETETIC TECHNICIAN PROGRAM

Complete the Dietetic Service Supervisor Program required Courses (above 29 units) and the following courses:

		UNITS	In Progress	Completed Grade
†	F & N 234	Advanced Nutrition Care (F)	3	
	F & N 235	Advanced Medical Nutrition Therapy (SP)	3	
†	F & N 236	Dietetic Seminar (SP)	1	
	F & N 240AC	Clinical Field Experience II (F, SP) (2 semesters required)	2:2	
<b>Subtotal Units</b>			<b>11</b>	
<b>Subtotal Units(Courses from Dietetic Service Supervisor Program)</b>			<b>29</b>	
<b>TOTAL UNITS</b>			<b>40</b>	

A Certificate of Achievement in this program is not available without also earning the Associate Degree. It is recommended to take the required courses in the sequence outlined.

### LEGEND

† This course has a prerequisite; prerequisite courses must be completed with at least a "C" or "P" grade (see catalog or schedule of classes).

(SP = Spring) (S = Summer) (F = Fall) (INF = Infrequently) = Represents general frequency of course offering

### RECOMMENDED but not required courses:

F & N 26	Nutrition for the Active Person	1		
F & N 233	Special Topics in Health Care Dietetics	1		
F & N 250	Nutrition for Culinary Arts	2		
F & N 253	Food Handler Certification	1		
F & N 255A-D	Special Topics in Nutrition	1:1:1:1		
F & N 256	Weight Control & Energy Balance	2		
F & N 260A-D	Cultural Foods	1.5:1.5:1.5:1.5		
F & N 261AD	Creative Cooking <sup>▲</sup>	1:1:1:1		
F & N 262AD	Meal Preparation for 1 & 2 Persons <sup>▲</sup>	1.5:1.5:1.5:1.5		
F & N 361AD	Creative Cooking <sup>▲</sup>	.5:.5:.5:.5		

### LEGEND

<sup>▲</sup> Any of these courses may be taken as a 300 band course.

**NOTE:** Any 300 band course in Food and Nutrition can be applied as an elective to the degree or certificate in this program.

### GRADUATION REQUIREMENTS

#### For CERTIFICATE OF ACHIEVEMENT:

This certificate is a one to two year program in occupational/technical areas at Long Beach City College which provides training in job skills and employment opportunities. Students must complete the required units for Dietetic Service Supervisor and/or Dietetic Technician with a minimum grade of "C" in each course. Fifty percent (50%) or more of the unit requirements for this field of concentration must be completed in residence (credit earned by exam, where applicable, may be included). A Dietetic Technician student must have a minimum of an Associate Degree but degree may be from another accredited institution. Student must have official transcripts on file in the Admissions and Records Office. Submit completed application for Certificate of Achievement in the Admissions and Records Office during the final semester of coursework. DT students must have completed three case studies with the Program Director in addition to all course requirements.

**Competency Testing Procedures:** Students must also successfully complete a competency examination before a Certificate of Achievement is awarded. Student must contact the Dietetics Program to arrange for testing once they have completed all program requirements.

**DSS:** Students failing the DSS Competency Exam must re-enroll and successfully complete an additional semester of F&N 230AC in order to make up deficient areas on the exam. Additionally the DSS student must successfully pass MATH 805 before re-testing. In the event that the student fails the exam a second time they must contact the Dietetics Program Director.

**DT:** Students failing the DT Competency Exam must re-enroll and complete one additional semester of F&N 240AC before re-testing in order to make up deficient areas on the exam. In the event that the student fails the exam a second time, the student is required to complete 20 hours of clinical field experience for each semester that elapses since they were eligible to take the exam. The student must also repeat and pass (with a letter grade of C higher) any dietetic technician program course(s) that were taken greater than five years prior to the date of completion of program courses.

The student may then be eligible to re-take the competency exam.

A DT student completer will be awarded a Verification Statement for use with the Commission on Accreditation of Dietetics Education (DTR) only if they have passed both the DSS and DT competency exams and all dietetic program courses have been completed within a five year period with a letter grade of C or higher.

**For ASSOCIATE DEGREE:**

The Associate Degree is a two-year college degree awarded by Long Beach City College which includes general education courses and a major. In addition to the requirements for the Certificate of Achievement, complete the A. A. degree requirements specified in the Catalog. The requirements for general education/proficiency and the field of concentration need to be from the same catalog year. This catalog year may be any year between the year of initial enrollment to the present, provided continuous enrollment is maintained throughout (see the catalog for definition of "continuous enrollment"). Fifty per cent (50%) or more of the unit requirements for this field of concentration must be completed in residence (credit earned by exam, where applicable, may be included).

**NOTE:** To receive a certificate or degree you must submit completed application forms in the Admissions and Records Office during your final semester of course work.

In general, "double-counting" is not allowed. That is, one course may not be used to fulfill both a field of concentration requirement and to fulfill a general education requirement.

**RECOMMENDED for Natural Sciences requirement:**

Biology 60 (preferred) Biology 2, Physiology 1, Anatomy 1 or any Chemistry.

**RECOMMENDED for Proficiency in Mathematics:**

It is recommended that the student complete this proficiency prior to enrollment in F & N 228 and †F & N 232 by a passing score on the placement test or successful completion of a mathematics course at the level of elementary algebra (Math 110 or 220) or higher.

**RECOMMENDED for Social Sciences requirement:**

Sociology 1 or Psychology 1.

<b>SUGGESTED SEQUENCE OF COURSES</b>
This is not an educational plan, as course offerings, student schedules, and circumstances vary. Students must meet all the prerequisites in order to be eligible for the sequence of courses.

A typical schedule for first-year fulltime students in the D.S.S. and D.T. Programs is as follows:

<b><u>FALL SEMESTER</u></b>	<b><u>SPRING SEMESTER</u></b>	<b><u>SUMMER</u></b>
◦ F&N 20	◦ F&N 20	◦ F&N 20
F&N 21	F&N 225	G.E. Requirement
F&N 224	F&N 227	for future D.T.
F&N 230AC	F&N 228	
<u>F&amp;N 231</u>	F&N 230AC	
15 UNITS	<u>F&amp;N 232</u>	
	14 UNITS	

<b>LEGEND</b>
◦ F&N 20 needs to be taken only once but <u>must</u> be taken prior to or concurrently with F&N 232.

A typical schedule for second year fulltime students in the D.S.S. Program is as follows:

<b><u>FALL SEMESTER</u></b>	<b><u>SPRING SEMESTER</u></b>	<b><u>SUMMER</u></b>
F&N 234	F&N 235	G.E. Requirement
<u>F&amp;N 240AC</u>	F&N 236	for AA Degree
5 UNITS plus	<u>F&amp;N 240AC</u>	
G.E. Requirements	8 UNITS plus	
	G.E. Requirements	

At the completion of these two years, a fulltime student should have the required 60 units to reach an Associate Degree.

**Students interested in transferring to a university to continue their study in this field of concentration or other majors are strongly advised to consult an LBCC academic counselor and refer to the ASSIST website ([www.assist.org](http://www.assist.org)) for major preparation information. Counselors can clarify the different major and admissions requirements at a university. Students may visit the Student Success/Transfer Services Center to access further educational resources. If you need to set up an appointment to see a counselor or schedule the SOAR Test, call LAC (562) 938-4561 or PCC (562) 938-3920.**