

# HUMAN SERVICES

## LONG BEACH CITY COLLEGE

### Curriculum Guide for Academic Year of 2009-2010

#### Associate in Arts and/or Certificate of Achievement Or Certificate of Accomplishment

ALL INFORMATION CONTAINED HEREIN IS SUBJECT TO CHANGE WITHOUT NOTICE.

For possible updates to this guide please refer to the following website: <http://osca.lbcc.edu>

#### CAREER OPPORTUNITIES

Students learn the skills and knowledge necessary to transfer to upper division programs in social work or human services and to be employed at the paraprofessional entry level in social work and human services agencies.

This Certificate of Achievement will prepare students for an entry-level position in the human services/social work field.

This Associate Degree will prepare students for an entry-level position in the human services/social work field and for career advancement for those already employed in these occupations.

#### DEPARTMENTAL ADMISSION REQUIREMENTS

None. For more departmental information call (562) 938-3961.

#### REQUIRED COURSES

|  |   | UNITS        | In       | Completed |
|--|---|--------------|----------|-----------|
|  |   |              | Progress | Grade     |
| <b>CORE</b>  |   |              |          |           |
| HS 1   | Intro. to Social Work (F, SP, S)                  | 3            |          |           |
| HS 207   | Development of Helping & Listening Skills (F, SP) | 3            |          |           |
| <b>Subtotal Units</b>  |   | <b>6</b>     |          |           |
| Complete FOUR-EIGHT (4-8) units from any of the following courses:                             |   |              |          |           |
| HS 71AD  | Work Experience - Human Services (F, SP)          | 2:2          |          |           |
| HS 72AD  | Work Experience - Human Services (F, SP)          | 3:3          |          |           |
| HS 73AD  | Work Experience - Human Services (F, SP)          | 4:4          |          |           |
| NOTE: To receive credit for work experience a student must be enrolled in one other HS course. |   |              |          |           |
| <b>Subtotal Units</b>  |   | <b>4-8</b>   |          |           |
| <b>TOTAL CORE UNITS REQUIRED</b>   |   | <b>10-14</b> |          |           |

Complete *an additional (10 to 14) units* from any of the following courses to bring the total to **24-28 UNITS**: (Emphasis on **ONE GROUP** is recommended)

#### GERONTOLOGY GROUP

|          |   |   |  |  |
|----------|---|---|--|--|
| F & N 20 | Nutrition & Life                                | 3 |  |  |
| HS 26    | Intro. to Gerontology (S)                       | 3 |  |  |
| HS 45    | Stress Management for the Case Managers (F, SP) | 3 |  |  |
| HS 228   | Elderly Care Issues                             | 3 |  |  |
| HS 253   | Activity/Recreation Leadership Training (F, SP) | 3 |  |  |

#### CRIMINAL JUSTICE GROUP

|          |  |   |  |  |
|----------|--|---|--|--|
| ADJUS 14 | Juvenile Law and Procedures (F, SP)            | 3 |  |  |
| ADJUS 20 | Intro. to Corrections (F, SP)                  | 3 |  |  |
| HS 7     | Introduction to Victimology (F, SP, S)         | 3 |  |  |
| HS 40A-B | Introduction to Addictive Behaviors (F, SP)    | 3 |  |  |
| HS 41    | Introduction to Chemical Dependency (F, SP)    | 3 |  |  |
| HS 43    | Case Management: Treatment & Aftercare (F, SP) | 3 |  |  |
| HS 46    | Physiology and Pharmacology of Drugs (F, SP)   | 3 |  |  |
| SOCIO 11 | Race and Ethnic Relations in the U.S.          | 3 |  |  |

|  |  |
|--|--|
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**GENERAL HUMAN SERVICES GROUP**

|              |  |   | In<br>Progress | Completed<br>Grade |
|--------------|--|---|----------------|--------------------|
| <b>UNITS</b> |  |   |                |                    |
| ECON 1A      | MACRO Economics Analysis                         | 3 |                |                    |
| HS 15        | Social Welfare: People with Disabilities (F)     | 3 |                |                    |
| HS 40A-B     | Intro. to Addictive Behaviors (F, SP)            | 3 |                |                    |
| HS 43        | Case Management: Treatment and Aftercare (F, SP) | 3 |                |                    |
| HS 45        | Stress Management for Case Managers (F, SP)      | 3 |                |                    |
| HS 47        | Intervention, Treatment, & Recovery (F, SP)      | 3 |                |                    |
| HS 48        | Group and Family Process (F, SP)                 | 3 |                |                    |
| HS 50        | Law and Ethics (F, SP)                           | 3 |                |                    |
| HS 251       | HIV & Cultural Competency in Treatment (SP)      | 4 |                |                    |
| HS 252       | Dual Diagnosis: Assessment and Treatment (F, S)  | 3 |                |                    |
| HS 260       | Domestic Violence Intervention Strategies (F)    | 3 |                |                    |
| PUBAD 1      | Intro. to Public Administration (F, SP)          | 3 |                |                    |
| SOCIO 2      | Modern Social Problems                           | 3 |                |                    |
| SP 20        | Elements of Communication                        | 3 |                |                    |

**FAMILY SERVICES GROUP**

|           |  |   |  |  |
|-----------|--|---|--|--|
| ADJUS 253 | Understanding Domestic Violence                  | 3 |  |  |
| CDECE 47  | Human Development                                | 3 |  |  |
| FACS 50   | Consumer Awareness                               | 3 |  |  |
| FACS 64   | Life Management                                  | 3 |  |  |
| HS 15     | Social Welfare: People with Disabilities (F, SP) | 3 |  |  |
| HS 40A-B  | Intro. to Addictive Behaviors (F, SP)            | 3 |  |  |
| HS 47     | Intervention, Treatment & Recovery (F, SP)       | 3 |  |  |
| HS 48     | Group and Family Process (F, SP)                 | 3 |  |  |
| HS 242    | Conflict Resolution/Mediation (SP)               | 3 |  |  |
| HS 260    | Domestic Violence Intervention Strategies (F)    | 3 |  |  |
| SOCIO 11  | Race and Ethnic Relations in the U.S.            | 3 |  |  |
| SOCIO 40  | Sociology of the Family                          | 3 |  |  |

**SUBTOTAL UNITS**

**10-14**

**TOTAL UNITS REQUIRED FOR HUMAN SERVICES MAJOR**

**24**

| <b>LEGEND</b>   |
|---|
| <b>(SP = Spring) (S = Summer) (F = Fall) (INF = Infrequently) = Represents general frequency of course offering</b> |

**GRADUATION REQUIREMENTS**

**For CERTIFICATE OF ACHIEVEMENT:**

This certificate is a one to two year program in occupational/technical areas at Long Beach City College which provides training in job skills and employment opportunities. Complete the required units listed above with a minimum grade of "C" in each course. Fifty percent (50%) or more of the unit requirements for this field of concentration must be completed in residence (credit earned by exam, where applicable, may be included).

**For ASSOCIATE IN ARTS DEGREE:**

The Associate Degree is a two-year college degree awarded by Long Beach City College that includes general education courses and a major. In addition to the requirements for this Certificate of Achievement, complete the A. A. degree requirements specified in the Catalog. The requirements for general education/proficiency and the field of concentration need to be from the same catalog year. This catalog year may be any year between the year of initial enrollment to the present, provided continuous enrollment is maintained throughout (see the catalog for definition of "continuous enrollment"). Fifty per cent (50%) or more of the unit requirements for this field of concentration must be completed in residence (credit earned by exam, where applicable, may be included).

**NOTE:** To receive a certificate or degree you must submit completed application forms in the Admissions and Records Office during your final semester of course work.

In general, "double-counting" is not allowed. That is, one course may not be used to fulfill both a field of concentration requirement and to fulfill a general education requirement.

**SUGGESTED SEQUENCE OF COURSES**

This is not an educational plan, as course offerings, student schedules, and circumstances vary. Students must meet all the prerequisites in order to be eligible for the sequence of courses.

A suggested full-time sample sequence of courses for the required 60 units to reach an Associate Degree includes:

|                              |                    |  |                               |                    |
|------------------------------|--------------------|--|-------------------------------|--------------------|
| <b><u>First Semester</u></b> |                    |  | <b><u>Second Semester</u></b> |                    |
| HS 1                         | 3 Units            |  | HS 207                        | 3 Units            |
| English Course               | 3                  |  | G.E. Course                   | 3-5                |
| G.E. Course                  | 3-5                |  | G.E. Course                   | 3-5                |
| G.E. Course                  | 3-5                |  | HS Elective                   | 3                  |
| HS Elective                  | 3                  |  | <b>Semester Total</b>         | <b>12-16 Units</b> |
| <b>Semester Total</b>        | <b>15-19 Units</b> |  |                               |                    |
| <b><u>Third Semester</u></b> |                    |  | <b><u>Fourth Semester</u></b> |                    |
| HS 71AB/HS 72AD              | 2 Units            |  | HS Elective                   | 3 Units            |
| Math Course                  | 3-5                |  | H.S. Elective                 | 3                  |
| HS Elective                  | 3                  |  | G.E. Course                   | 3-5                |
| G.E. Course                  | 3-5                |  | G.E. Course                   | 3-5                |
| <b>Semester Total</b>        | <b>12-17 Units</b> |  | <b>Semester Total</b>         | <b>15-21 Units</b> |

**CERTIFICATE OF ACCOMPLISHMENT**

FOR OFFICE USE ONLY: 4068

**Name of Certificate: Activity/Recreation Leadership Training**

| <b>REQUIRED COURSE</b>                                 | <b>UNITS</b> | <b>In Progress</b> | <b>Completed Grade</b> |
|--|--------------|--------------------|------------------------|
| HS 253 Activity/Recreation Leadership Training (F, SP) | 3            |                    |                        |
| <b>TOTAL UNITS</b>                                     | <b>3</b>     |                    |                        |

**CERTIFICATE OF ACCOMPLISHMENT REQUIREMENTS**

**For CERTIFICATE OF ACCOMPLISHMENT:**

This certificate certifies a competency in a given area and requires less than 18 units. Complete the required units at Long Beach City College with a minimum grade of "C" in each course. Submit a completed application for the Completion Certificate in the Admissions and Records Office after completion of required units.

**Students interested in transferring to a university to continue their study in this field of concentration or other majors are strongly advised to consult an LBCC academic counselor and refer to the ASSIST website ([www.assist.org](http://www.assist.org)) for major preparation information. Counselors can clarify the different major and admissions requirements at a university. Students may visit the Student Success/Transfer Services Center to access further educational resources. If you need to set up an appointment to see a counselor or schedule the SOAR Test, call LAC (562)938-4561 or PCC (562)938-3920.**