

# Behavioral Intervention Team

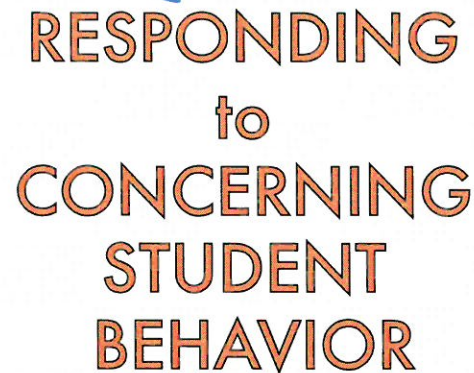
The LBCC Behavioral Intervention Team (BIT) responds to non-emergency, non-imminent concerns. The BIT team serves as the centralized body for discussion and coordinated action regarding students who experience distress or display concerning, problematic, or troubling behavior that could pose serious risk to themselves or others. Our goal is to intervene before a student reaches crisis level and ensure the safety of both the student and the LBCC community.

The Behavioral Intervention Team is comprised of staff from these departments:

- VP, Student Services
- Dean, Student Affairs
- Mental Health Services
- DSPS
- Title IX
- Student Conduct
- Campus Safety

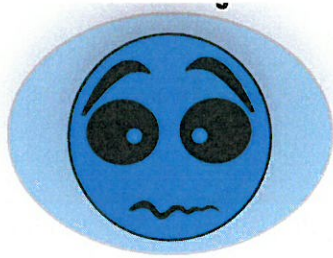
## DEAN OF STUDENT AFFAIRS

The Dean of Student Affairs offers care-related guidance, support, and resources to students who experience academic or personal distress, and/or behavioral difficulties that might impede their persistence toward completion. Members of the campus community who observe concerning behavior can contact the Dean of Student Affairs for consultation or to make a referral based on the nature of their concerns at (562) 938-4362 or [deanofstudents@lbcc.edu](mailto:deanofstudents@lbcc.edu). The Student Affairs Office is located upstairs in the E building, E-206.



## RESPONDING to CONCERNING STUDENT BEHAVIOR

There are different types of concerning behaviors that can be represented through a continuum. Enclosed are descriptors of each type of behavior and suggested interventions to de-escalate and redirect concerning behavior. These interventions do not constitute fixed procedures that must be followed for each situation. Rather, these strategies may be pursued based on your assessment of their suitability to the presenting situation.



Distressing behavior usually causes us to feel worried or uneasy.

**Examples of behavior include, but not limited to:**

Struggling academically or not attending class regularly.

Displays of intense emotion or inappropriate emotional outbursts.

Disjointed writing or thinking; themes out of context with assignments.

Express sadness, fear, anxiety, or worthlessness.

Always ask for help with personal problems beyond the scope of your role or abilities.

Experiencing family or relationship problems.

Experiencing feelings of isolation or loneliness; lack of a social support network.



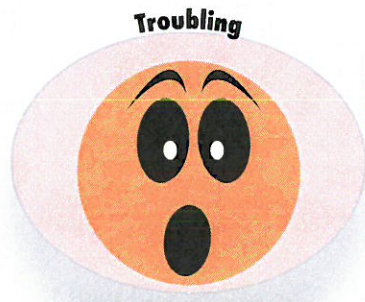
**Suggested Interventions include, but not limited to:**

Initiate a discussion with the student in private about the concerning behavior- remember, you are the first point of contact.

Offer support: summarize the essence of what the student tells you as a way to clarify the situation. Encourage positive action by helping the student define the problem and generate coping strategies.

Discuss options: refer the student to campus departments or offices that have the necessary expertise and personnel to help them.

It's okay to not have all the answers. If you're uneasy about meeting with the student, consult with your department chair, supervisor, or the Dean of Student Affairs.



Troubling behavior causes us to feel upset or frustrated.

**Examples of behavior include, but not limited to:**

Verbally disrespectful when disagreeing with peers and/ or instructor.

Verbally abuses, curses at or intimidates others.

A student who appears to be under the influence of alcohol or drugs.

A student whose behavior may be troubling as a result of possible mental health concerns.

Student who expresses current thoughts to harm self in paper, email, text, etc.

A student whose writing contains themes and threats of violence.

Behavior that interferes with the educational process by: making hostile remarks out of turn; aggressively taking over the lecture.

Behavior that notably interferes with university operations or the environment inside or outside the classroom.

**Troubling**

**Suggested Interventions when responding to troubling behavior:**

Speak with the student privately. Addressing the troubling behavior, when you first notice it, is critical.

Inform the student of the problem behavior. Focus on the behaviors and avoid anything that might sound judgmental.

Receive and consider the student's response - they might share problems or issues that explain the behavior. Or they may simply not be aware of the impact the specific behavior has on the instructor or other students.

Reiterate that the behavior described cannot continue. Redirect the student towards appropriate behavior. For example, "Going forward, it will be important for you to save some of your comments until we have an opportunity for group discussion."

Articulate the academic expectations of your class. Ask the student if they can abide by your expectations going forward.

Inform the student that if they are unable or unwilling to meet classroom/office expectations, problematic behavior could result in a referral to the Office of Student Conduct.

Refer the student to campus departments that have the necessary expertise and resources to help them based on the issues or challenges they self-disclose during this conversation.

Document the content of the meeting in writing and provide the student with written copy of the expectations, requirements, and the consequences discussed.

When in doubt, consult with or submit a Report/Referral to the Dean of Student Affairs. Report should be a written record of the incident(s) or behavior(s) that are cause for concern, along with supplemental documentation. Dates and times of incidents are extremely important. The Dean will forward to appropriate department for support as necessary.

If you're uneasy about meeting with the student, consult with your department chair, supervisor, or the Dean of Student Affairs.



Threatening behavior causes us to feel alarmed or to fear for our personal and physical safety. These behaviors should be taken very seriously.

**Examples of behavior include, but not limited to:**

A student who stalks or harasses another person.

A student who sends threatening correspondence to another person.

A student who implies or makes a direct threat to harm self or others verbally or in writing.

**The safety and well being of the campus community is our top priority.**

If you believe someone poses an imminent threat to you or others, call 911 immediately.

If the threatening behavior **does not** pose imminent danger, adhere to interventions below:

Immediately notify your department chair/supervisor for guidance and support, notify the Office of Student Affairs at (562) 938-4370 and/or call Campus Police at (562) 938-4910