

## **HUMAN SERVICES: ALCOHOL & DRUG STUDIES**

**Curriculum Guide for Academic Year 2013-2014** 

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Students planning to transfer to a four-year college or university should refer to the ASSIST web site at <a href="https://www.assist.org">www.assist.org</a> and consult a counselor before beginning a program of study. Please call 562-938-4561 for the LAC, or 562-938-3920 for PCC to schedule a meeting with a counselor. Students may also wish to visit the Transfer Center on either campus.

schedule a meeting with a counselor. Students may also wish to visit the Transfer Center on either campus.						
Program of study leading to:						
Associate in Arts (A.A.) Degree						
REQ	UIRED CORE COURSES	1		UNITS	In Progress	Completed Grade
H	HS 1	Introduction to Social Work		3		
F	HS 46	Physiology & Pharmacology of Drugs		3		
F	HS 47	Intervention, Treatment, & Recovery		3		
H	∃S 48	Group & Family Process		3		
			Subtotal Units	12		
IN ADDITION, complete NINE (9) UNITS from the following courses:						
SKIL	LS AREA			UNITS		
	HS 43	Case Management: Treatment & Aftero		3		
	HS 45	Stress Management for Case Manager	3	3		
	HS 50	Law and Ethics		3		
	HS 242	Conflict Resolution/Mediation		3		
	HS 251	HIF & Cultural Competency in Treatme		3		
	HS 252	Dual Diagnosis: Assessment & Treatme		3		
ŀ	HS 255	Alcohol & Drug Studies: Prevention & E	ducation	3		
			Subtotal Units	9		
IN AI	DDITION, complete THRI	EE - FOUR (3-4) UNITS from the follow	ving:			
_	RK EXPERIENCE			UNITS		
	HS 71	Work Experience – Human Services		2		
	HS 72	Work Experience – Human Services		3		
^ F	HS 73	Work Experience – Human Services		4		
			Subtotal Units	3 – 4		
			TOTAL UNITS	24 – 25		
Minimum Unit Requirements: Any course that appears on a curriculum guide and the General Education Pattern (Plan A) may fulfill both major and general education requirements (Approved by College Curriculum Committee Spring 2012). For this degree, complete a minimum of 60 units in courses numbered 1-599. Please note that additional elective units may be required to meet this minimum based upon courses selected to fulfill General Education for the Associate Degree.						
HS: Alc. & Drug Studies Major: 24 – 25 units  General Education/A.A. 25 units  Minimum Total Units: 60 units  Associate Degree requirements continue on the following page:						

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#### Associate Degree requirements continued from the previous page:

- 2. **Scholarship:** Maintain an **overall grade point average (GPA) of 2.0** ("C" average) based on all accredited college work applied to the degree, no matter where completed. For this **field of concentration, complete each course above** with a **grade of "C" or better**, or "P" if course is graded on a P/NP basis.
- 3. Residence for the Degree: Complete at least 30 units of the required 60 in residence at LBCC, or complete in residence at LBCC at least 20 units within the last 30 units of work applied to the degree.
- 4. Residence for the Field of Concentration: Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at least 12 13 units of the required 24 25 must be completed at Long Beach City College. Credit earned by exam, where applicable, may be included.
- 5. **General Education and Proficiency Requirements:** Complete the required A.A./A.S. General Education and Proficiency requirements\*, otherwise known as "Plan A". For Plan A requirements, refer to the general catalog or view it online at <a href="http://osca.lbcc.edu">http://osca.lbcc.edu</a>.
- Complete and submit the degree application form to the Admissions and Records office during your final semester of
  course work. These forms are available in the Admissions and Records office, or online at <a href="http://admissions.lbcc.edu/">http://admissions.lbcc.edu/</a>.
  Refer to the Schedule of Classes (<a href="http://schedule.lbcc.edu">http://schedule.lbcc.edu</a>) and click the "Important Dates" link to view the actual
  deadline for each semester.

\*The requirements for general education/proficiency and the field of concentration (major) need to be from the same catalog year. This catalog year may be any year between the years of initial enrollment to the present, provided continuous enrollment is maintained throughout. See the catalog for definition of "continuous enrollment".

EQUIRED COURSES	Certificate of Achievement		In	Complete
	ATIONAL: Complete SIX (6) UNITS from the following	UNITS	Progress	Grade
ourses:	g			0.000
ANTHR 2	Cultural Anthropology	3		
HS 1	Introduction to Social Work	3		
PSYCH 1	Introduction to Psychology	3		
CDECE 47	Human Development	3		
SOCIO 1	Introduction to Sociology	3		
PSYCH 14	Abnormal Psychology	3		
	Subtotal Units	6		
LADDITION	at a fall of the state of the s			
	the following courses: NT – Complete one of the courses listed below:	UNITS		
ENGL 105 OR	-	4 OR		1
ENGL 105 <b>OK</b> ENGL 1	Fundamentals of Writing <b>OR</b> Reading and Composition	4 OR 4		
ENGL I	5			1
	Subtotal Units	4		
I ADDITION complete	the following courses:			
ORE COURSES	the following dodises:	UNITS		
HS 43	Case Management: Treatment & Aftercare	3		
HS 46	Physiology & Pharmacology of Drugs	3		
HS 47	Intervention, Treatment, & Recovery	3		
HS 48	Group and Family Process	3		
HS 50	Law & Ethics	3		
HS 252	Co-Occurring Disorders	3		
			1	

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Certificate of Achievement requirements continue on the following page:

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Certificate of Achievement	requirements continued from the previous page:		
IN ADDITION, complete SI SKILLS AREA	X (6) UNITS from the following courses:	UNITS	
HS 40A	Intro to Addictive Behavior	3	
HS 40B	Intro to Addictive Behavior	3	
HS 41	Introduction to Chemical Dependency	3	
HS 45	Stress Management for Case Managers	3	
HS 242	Conflict Resolution/Mediation	3	
	Subtotal Units	6	
IN ADDITION, complete SI	X (6) UNITS from the following:		
WORK EXPERIENCE		UNITS	
HS 251	HIV & Cultural Competency in Treatment	3	
HS 255	Alcohol & Drug Studies: Prevention & Education	3	
HS 260	Domestic Violence Intervention Strategies	3	
^ HS 71	Work Experience – Human Services	2	
^ HS 72	Work Experience – Human Services	3	
^ HS 73	Work Experience – Human Services	4	
	Subtotal Units	6	

For graduation with a **Human Services: Alcohol and Drug Studies Certificate of Achievement:** 

1. Complete each of the **REQUIRED COURSES** listed above with a **minimum grade of "C"**, or better, or "P" if course is graded on a P/NP basis.

**TOTAL UNITS** 

- Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at least 20 units of the required 40 must be completed at Long Beach City College. Credit earned by exam, where applicable, may be included.
- Complete and submit the certificate application form to the Admissions and Records office during your final semester of
  course work. These forms are available in the Admissions and Records office, or online at <a href="http://admissions.lbcc.edu/">http://admissions.lbcc.edu/</a>.
  Refer to the Schedule of Classes (<a href="http://schedule.lbcc.edu">http://schedule.lbcc.edu</a>) and click the "Important Dates" link to view the actual
  deadline for each semester.

### **Suggested Sequence of Classes**

This is not an educational plan, as course offerings, student schedules, and circumstances vary. Students must meet all the prerequisites in order to be eligible for the sequence of courses.

A suggested full-time sample sequence of courses for the required 60 units to reach an Associate Degree:

First Semester	<u>Units</u>	Second Semester	<u>Units</u>
HS 1	3	HS 46	3
HS 47	3	HS 48	3
G.E. Course	3-5	G.E. Course	3-5
G.E. Course	3-5	G.E. Course	3-5
English Course	4		
C	Total 16 - 20		Total 12 – 16
Third Semester		Fourth Semester	
HS 71 OR 72	2	HS Elective	3
Math Course	3-5	HS Elective	3
HS Elective	3	G.E. Course	3-5
G.E. Course	3-5	G.E. Course	3-5
		G.E. Course	3-5
	Total 11 – 15		Total 15 – 21

# Program of study leading to: Certificates of Accomplishment

Certificate: Co Occurring Disorders - Level One 4811

REQUIRED COURSES			UNITS	in Progress	Grade Grade
PSYCH 1	Introduction to Psychology		3		
PSYCH 14	Abnormal Psychology		3		
HS 46	Physiology & Pharmacology of Drugs		3		
HS 47	Intervention, Treatment & Recovery		3		
HS 252	Co Occurring Disorders		3		
		TOTAL UNITS	15		

Certificate: Alcohol & Chemical Dependency 4067

REQUIRED COURSES		UNITS	In Progress	Completed Grade
HS 41	Introduction to Chemical Dependency	3		
HS 43	Case Management – Treatment & Aftercare	3		
HS 46	Physiology & Pharmacology of Drugs	3		
HS 48	Group & Family Process	3		
HS 50	Law & Ethics	3		
	TOTAL UNITS	15	-	

For graduation with a **Certificate of Accomplishment:** 

- Complete each of the REQUIRED COURSES listed above with a minimum grade of "C", or better, or "P" if course is graded on a P/NP basis.
- 2. Fifty percent (50%) or more of the required units must be completed in residence at LBCC.
- 3. Students must complete courses within 3 years.
- 4. Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <a href="http://admissions.lbcc.edu/">http://admissions.lbcc.edu/</a>.

### **Career Opportunities**

Students learn the skills and knowledge necessary to transfer to upper-division programs in social work or human services and be eligible to become employed at the paraprofessional entry level in serving alcohol and drug clients.

This **Certificate of Achievement** will prepare students for an entry-level position in the alcohol/drug treatment field. This certificate fulfills the California Association of Alcohol & Drug Studies (CAADE) and the California Association of Alcohol & Drug Studies Abuse Counselors (CAADAC) academic and work experience requirements. Additional work experience plus passing their test will lead students to becoming Certified Addiction Treatment Counselor (CATC).

This **Associate Degree** will prepare students for an entry-level position in the human services/alcohol and drug treatment field and for career advancement for those already employed in these occupations.

This **Certificate of Accomplishment (Co Occurring Disorder)** will prepare students for work with specialized population of AOD clients.

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### **Program Mission and Outcomes**

Fulfillment of state approved certification requirements of California for job placement and workforce development.

### Outcomes:

- Develop a psychosocial treatment plan for a client.
- Synthesize the theories and principles of drug and alcohol clinical evaluation, treatment planning, referral, service coordination, counseling, documentation, and professional/ethical responsibilities.

### Legend

† This course has a prerequisite. Prerequisite courses must be complete with at least a "C" or "P" grade. Refer to the General Catalog (http://www.lbcc.edu/cat/index.html), the Schedule of Classes (http://schedule.lbcc.edu/), or the online Credit Course Outline (http://wdb-asir.lbcc.edu/coursecurriculum/coursedetails/) for specific prerequisite information.

^ To receive credit for work experience, a student must be enrolled in one other HS course.

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