

ASSOCIATE IN ARTS IN KINESIOLOGY FOR TRANSFER

Curriculum Guide for Academic Year 2015-2016

Resources available for transfer students:
Academic Counselors (Call 562-938-4561 at LAC or 562-938-3920 at PCC);
Transfer Center (562-938-4670 at LAC, 562-938-3920 at PCC);
ASSIST web site at www.assist.org.

Program of study leading to:
Associate in Arts (AA-T) Degree

REQUIRED COURSES:

KINPP 1 Introduction to Kinesiology
ANAT 1 Human Anatomy
† PHYSI 1 Human Physiology

C-ID Descriptor	CSU GE Area	IGETC Area	Units	In Progress	Completed Grade
KIN 100			3		
	B2, B3	5B	4		
BIOL 120B	B2, B3	5B	5		
Subtotal			12		

IN ADDITION, complete ONE (1) course from at least THREE (3) different areas of the following list:

AQUATICS

KING 76 Swimming

	E		1		
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COMBATIVES

KING 66 Self-Defense

	E		1		
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FITNESS

KINPF 4 Deep Water Aerobics
KINPF 6 Dance Aerobics
KINPF 42 Swimming Fitness
KINPF 54 Weight Training

	E		1		
	E		1		
	E		1		
	E		1		

INDIVIDUAL SPORTS

KING 10 Badminton
KING 20 Bowling
KING 32 Golf
KING 84 Tennis

	E		1		
	E		1		
	E		1		
	E		1		

TEAM SPORTS

KING 14 Basketball
KING 70 Soccer
KING 74 Softball
KING 86 Touch Football
KING 90 Volleyball

	E		1		
	E		1		
	E		1		
	E		1		
	E		1		

Subtotal 3

IN ADDITION, complete TWO (2) courses from the list below:

† STAT 1OR Elementary Statistics OR
† STAT 1H Honors Elementary Statistics
† CHEM 1A OR General Chemistry OR
† CHEM 3 Intro to Gen, Organic & Biochemistry
† PHYS 2A General Physics
KINPP 23 First Aid and Safety Education

STAT 110	B4	2	3		
STAT 110	B4	2	3		
CHEM 110 OR	B1	5A	5.5		
CHEM 102	B1	5A	5		
PHYS 105	B1	5A	4.5		
KIN 101			3		

Subtotal 6-10.5

TOTAL UNITS 21-25.5

IN ADDITION to the above major courses, students are also required to obtain general education certification and meet other degree requirements as specified on the next page.

General Education Certification Requirements

Completion of EITHER the California State University General Education-Breadth pattern (CSU GE Breadth) OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern IS REQUIRED. For general education patterns, visit the following web site: <http://osca.lbcc.edu/genedplan.cfm>, or the LBCC catalog. After completion of the General Education Pattern **students must request GE certification**. Consult with a counselor for more information about the GE Certification process.

Other Degree Requirements

1. **Minimum Unit Requirements:** Complete a minimum of 60 transferable units. Please note that additional units may be required to meet this minimum based upon courses selected to fulfill CSU-GE Breadth Pattern or the IGETC Pattern.

If following CSU-GE Breadth Pattern		If following IGETC Pattern	
	Units		Units
Kinesiology	21-25.5**	Kinesiology	21-25.5**
CSU-GE Breadth	39	IGETC Pattern	37
Minimum Required	60	Minimum Required	60

****Double-Counting of Units:** SB 1440 Regulations allow for double-counting of major requirements towards CSU- GE Breadth or IGETC patterns, and **9-14.5 units** of the Kinesiology for Transfer coursework can be applied to the CSU- GE Breadth or IGETC patterns.

2. **Minimum grade and GPA requirements:** Maintain an **overall grade point average (GPA) of 2.0** ("C" average) in all CSU-transferable coursework. For the major complete each course with a grade of "C" or better, or "P" if course is graded on a P/NP basis.
3. **Residence for the Degree:** Complete at least 12 CSU-transferable units (courses numbered 1-99) in residence at LBCC.
4. **Degree Application:** Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

Career Opportunities

Applications of Kinesiology in human health include physical education teacher, the rehabilitation professions such as physical and occupational therapy as well as applications in sport and exercise industries. A bachelor's degree in Kinesiology can provide strong preparations for graduate study in biological research as well as in professional programs such as allied health and medicine

Program Mission and Outcomes

In support of the college mission statement, the Kinesiology Department's Associate in Arts for Transfer (AA-T) curriculum offers lower division courses that prepare scholarly and highly skilled practitioners with current knowledge and resources to meet present and future program needs. The Kinesiology Department prepares scholars-practitioners committed to theory and practice in diverse settings with populations from a variety of social and cultural contexts.

Program Outcomes:

1. Examine and evaluate physical activities and their relationship to wellness and fitness.
2. Demonstrate Proficiency in skills needed in activities commonly included in a human movement program.
3. Recognize various career opportunities in the field of human movement.

Legend

† This course has a prerequisite; prerequisite courses must be completed with at least a "C" or "P" grade. Refer to the General Catalog (<http://www.lbcc.edu/cat/index.html>), the Schedule of Classes (<http://schedule.lbcc.edu/>), or the online Credit Course Outline (<http://wdb-asir.lbcc.edu/coursecurriculum/courseetails/>) for specific prerequisite information.