

IS THE STUDENT/PERSON A DANGER TO SELF OR OTHERS? DOES THE STUDENT NEED IMMEDIATE ASSISTANCE FOR ANY REASON?



YES



NO



# LBCC BIT GUIDE

SEE SOMETHING? SAY SOMETHING. DO SOMETHING.

ANYONE WITH CONCERNS MAY SUBMIT A REPORT USING THE LINKS BELOW OR SCAN THE QR CODE  
[HTTPS://TINYURL.COM/PUBLIC-INCIDENT-REPORT](https://tinyurl.com/public-incident-report)  
PUBLIC INCIDENT REPORT



**CALL 911**

**IF NEEDED, EVACUATE CLASS OR AREA**

**SUBMIT PUBLIC INCIDENT REPORT**

**STUDENT CONDUCT WILL FOLLOW UP, INVESTIGATE, AND ADJUDICATE**

**LBCC CAMPUS POLICE  
EMERGENCY: 911  
NON-EMERGENCY:  
562-938-4910  
562-435-6711**

**CAMPUS SAFETY ESCORT  
562-938-4100  
(Monday-Thursday)  
6pm -11pm**

**STUDENT BEHAVIOR:  
DISRUPTIVE**

**DISRESPECTFUL,  
NON-COMPLIANCE,  
TALKING, ETC.**

**USE CALM VOICE TO  
PROMPT, RESTATE  
EXPECTATIONS**

**IF DISRUPTIVE BEHAVIOR  
CONTINUES, ASK STUDENT  
TO LEAVE CLASS/AREA,  
PROMPT TO  
TAKE A BREAK, ETC.**

**CONSULT WITH AREA  
MANAGER/DIRECTOR FOR  
IMMEDIATE SUPPORT.  
SUBMIT PUBLIC INCIDENT  
REPORT**

**IF STUDENT REFUSES,  
CONTACT LBCC POLICE  
FOR SUPPORT**

**STUDENT BEHAVIOR:  
DISTRESSED**

**ANXIOUS, SAD,  
IRRITATED, AGITATED,  
WORRIED, ETC.**

**EMPATHIZE AND LISTEN  
TO STUDENT CONCERNS**

**EXPRESS YOUR CONCERNS**

**COLLABORATE TO  
FIND APPROPRIATE  
SOLUTION/SUPPORT**

**SOLUTION IS REALISTIC  
AND MUTUALLY  
SATISFACTORY**

**STUDENTS: 24/7 VIRTUAL HEALTH & WELL-BEING RESOURCES  
GO TO TIMELYCARE APP OR [TIMELYCARE.COM/LBCC](https://timelycare.com/lbcc)**

**TITLE IX: SEXUAL  
HARASSMENT/MISCONDUCT**

**FACULTY/STAFF REQUIRED  
TO REPORT TO  
APPROPRIATE TITLE IX  
PERSONNEL**

**FACULTY & STAFF CONTACT  
CYNTHIA NUNEZ,  
DIRECTOR TITLE IX &  
COMPLIANCE  
562-938-4095**

**STUDENT CONTACT  
DEBORAH MILLER-CALVERT,  
DEAN STUDENT AFFAIRS,  
DEPUTY TITLE IX COORD.  
562-938-3032**

**STUDENTS: CONFIDENTIAL  
VANESSA GARCIA, DIR.  
PSYCHOLOGICAL SVCS.  
562-938-4210**

Student Affairs staff are available to provide department trainings on how to support students in distress. Please contact Natalie Blair at 562-938-5105 or [n2blair@lbcc.edu](mailto:n2blair@lbcc.edu)

REVISED SEPTEMBER 2024 - STUDENT AFFAIRS

**STUDENT HELP - 24 HOURS  
TEXT: "COURAGE" TO 741741 FREE & CONFIDENTIAL**

# STRESS INDICATORS

## ACADEMIC

- Decline in quality of work/grades
- Repeated absences
- Multiple requests for extensions
- Conduct that interferes with class
- Disjointed content in writings/presentations

## PHYSICAL

- Changes in grooming/hygiene/weight
- Excessive fatigue/sleep disturbances, intoxication, hangover, alcohol smell
- Disoriented or forgetful speech: slurred/rambling or disconnected

## SOCIAL-EMOTIONAL

- Self-disclosure or personal distress, family problems, finance issues, suicidal ideation
- Exaggerated personality traits (withdrawn, slow response, agitated, etc.)
- Exaggerated emotional response

# LBCC RESOURCE INFORMATION

## • Disabled Students Programs & Services

- LAC 562-938-4558
  - Teletypewriter TTY: 562-938-4833
- TTC 562-938-3921
  - Teletypewriter TTY: 562-938-4833
- **Basic Needs**
  - LAC 562-938-5045
  - TTC 562-938-5046
- **LBCC Campus Police**
  - Emergency: 911
  - Non-Emergency
    - 562-938-4910
    - 562-435-6711

## • Student Health Services

- LAC 562-938-4210
- TTC 562-938-3992
- **Mental Health Services**
  - LAC 562-938-4210
  - TTC 562-938-3992
  - Timely Care App
    - 833-4-TIMELY
- **Veterans Services**
  - 562-938-4162
- **DREAM Services**
  - 562-938-4151

## Title IX: Sexual Harassment & Misconduct

- **Faculty & Staff**  
Cynthia Nunez, Director,  
Title IX & Compliance  
562-938-4060  
[cnunez@lbcc.edu](mailto:cnunez@lbcc.edu)
- **Students**  
Deborah Miller-Calvert,  
Dean, Student Affairs  
562-938-3032  
[dmiller-calvert@lbcc.edu](mailto:dmiller-calvert@lbcc.edu)