

# BUILD THE BEST STUDY SPACE

## OFF

Make sure electronic devices are off. This includes TVs, phones, and computers that you are not using for research. If you are doing research on your computer, close all other programs.

## CLEAR

Have only the supplies, notes, and texts you are using at that moment. It eliminates clutter and keeps you from being distracted.

## COMFORT

Find a chair that makes you comfortable. If you're sitting in a chair you're likely to fall asleep in or fidget in discomfort, you're not going to get much studying done.



## LIGHT

A good study space has plenty of light. Make sure your eyes are comfortable!

## FACING

A blank wall is the best thing to face. Windows can be distracting, never face your desk toward one! It's a good idea to keep the door closed, too.

## READY

Make sure all of your supplies are nearby but neat and organized. You want access to them, but without the clutter.