# Faculty Emergency Talking Points for the First Class of the Term Emergency Quick Reference Guides

Emergency Posters on the wall by each building exit and in each classroom Includes emergency information such as what to do in the case of a fire, earthquake, etc.

Located at main entrances, stairwells and elevators are building evacuation maps that include building exits, fire extinguishers, and fire alarm pull stations locations etc. Area(s) of Refuge on multi story building are in the landing at the top of a stairwell, call or text 911.

LBCC conducts **periodic testing and training** for the Emergency notification system (email, text, social media outlets). Fire alarm system and evacuation drills are conducted periodically. The expectation is that you participate and follow the guidance provided. For example, if the fire alarm is sounding, evacuate the building.

**Dial or Text 911 for all emergencies** unless you know that the College is aware of the situation and is providing emergency information to students, faculty, and staff.

#### **Active Shooter:**

**RUN – HIDE – FIGHT options** as a means of reacting to a dangerous situation

Not a continuum but separate options, depending on the situation, It saves lives.

- RUN if you can get away,
- HIDE if you can't or until you can,
- FIGHT if you are in the midst of the situation, lives have been saved due to people fighting back

# 24/7 LBPD College Unit Police Service

(562) 435-6711 or call or text 911 for emergencies

Recommend to add it to your contacts list in your cell phone (extension 4910 from a College phone)

#### **Campus Alert:**

Urge students to sign up for Viking Alert by going to our website and typing "Emergency Information & Alerts" in the Search box

Reminder to Faculty: We cannot force students to stay if they want to leave

### For Students:

Your safety at Long Beach City College is important and the person most responsible for it is YOU! It begins with each of us paying attention to what is going on around us and being able to recognize what "normal" looks like. If you are familiar with what normal looks like, you will immediately recognize when something is different. It is important to pay attention to this. *Situational awareness* is key to being safe and secure and being alert is how the process starts. Below are some things you can do to help yourself or you can click here to view a 25 minute video about 8 things LBCC Police wants student to know.

- 1. Don't walk and text. Keep your head up and see what is going on around you.
- 2. If you wear ear buds and listen to music, keep the volume low enough that you can hear what is happening around you.
- 3. Be aware of your surroundings and vary your path from time to time.
- 4. Use the Buddy System at night to walk to your car. If you are alone, call someone and talk with them as you walk. Police safety escorts are available by calling (562) 435-6711
- 5. Have your keys ready when you leave a comfortable place. You don't want to be looking into a purse or backpack for your keys when you get to your car-you want to be able to arrive and get in.
- 6. Have a plan in case something goes wrong. What will you do? Who will you call? Be prepared.
- 7. Carry a bright light and noise maker like a whistle on your key chain.
- 8. Don't be afraid to take action if you or someone near you needs help.
- 9. Program the police number into your phone (562) 435-6711, call or text 911 for emergencies.
- If you have a disability, coordinate any assistance needed for an evacuation "Buddy", contact DSPS.

We are all equipped with an internal sense of our surroundings and when you enter a place or put yourself in danger your body will react. Honor these warning signs and take steps to get somewhere you feel safe. Call for help and then get going again. Remember, your safety matters to you, your family and your friends. Click <a href="here">here</a> to learn more about the <a href="LBCC Campus Police">LBCC Campus Police</a> in this 2 1/2 minute video.