Foster and Kinship Care Education program Child Development and Educational Studies (CDES)



Workshop Schedule & Calendar



Foster And Kinship Care Education Program

1305 E. Pacific Coast Highway, Long Beach, CA 90806, Modular UU Foster Care (562) 938-3014

Visit our website at https://www.lbcc.edu/foster-kinship-care-education



Workshops

- FREE Parent workshop trainings.
- Pre-registration is preferred. Please call to reserve your seat.
- Workshops are subject to cancellation if not enough people sign up.
- Walk-ins are welcome.
- The workshop environments are designed for adults only, unless otherwise noted in the workshop description.
- All Foster Care & Kinship educational group's topic presentations are selected by participants.

We thank the Chancellor's Office of the California Community Colleges for their support.



Long Beach City College Board of Trustees

Dr. Reagan Romali – President/Superintendent Sunny Zia, Area 3- President, Board of Trustees Vivian Malauulu, Area 2 - Vice-President, Uduak - Joe Ntuk, Area 1 Douglas Otto, Area 4 Dr. Virginia Baxter – Area 5 Dannell Jones, Student Trustee



January

RESOURCE: Special Education Advocates (562) 529-5599 (866) 828-8275

						L (A
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DECEMBER 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	"Everythings going to be alright." –Brian K. Vaughan	NEW YEAR'S DAY	2	3	4	5
6	Harmful Behavior	8	9	10	11	12 KEPS 9 AM - 1 PM
13	Stress Reduction Budgeting, Finances and Taxes 6 PM - 9 PM	Monitored Visits 101 6 PM - 9 PM	16	F-Rate Pre-Service, Part 1 9 AM - 1 PM	18	Brain 19 Development and Children's Behavior 9 AM - 6:30 PM
20	MARTIN LUTHER 21 KING JR DAY	22	23	F-Rate Pre-Service, Part 2 9 AM - 1 PM	Raising the LGBQT Child 9 AM - 1 PM	Human Trafficking 9 AM - 6:30 PM F-Rate Pre-Service, Part 3 9 AM - 5:30 PM
27	Time Management 10 AM - 1 PM	29	Raising the Resilient Child I: Etched in the Sand 10 am - 2 PM	Reproductive Health: What's Sex Got To Do With It? 10 AM- 2 PM	"Tell me and I forget, teach me and I may remember, involve me and I learn." ~Benjamin Franklin	FEBRUARY 2019 S M T W T F S I 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 8 8



Emancipated Youth College Support Long Beach City College - EOP&S Candace Meehan - PCC - QQ106 cmeehan@lbcc.edu (562) 938-3988



			(302) 330 3300			<u> </u>
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
S M T W T F S S S S S S S S S S	listenii	ren have never been ver ng to their elders, but the failed to imitate them." ~Jam	_		Life Books 9 AM - 1 PM	Positive Discipline I 9 AM - 6:30 PM W-Rate Pre-Service, Part 1 9 AM - 5:30 PM
3	Adolescent Development 9 AM - 2 PM	5	Raising the Resilient Child II: Perception 10 AM - 2 PM	D-Rate Pre-Service, Part 1 10 AM - 2 PM	8	Positive Discipline II 9 AM - 6:30 PM W-Rate Pre-Service, Part 2 9 AM - 5:30 PM
10	Allegation Prevention 6 PM - 9 PM	12	TBD 10 AM - 2 PM	D-Rate Pre-Service, Part 2 10 AM - 2 PM	15	16
17	PRESIDENT'S 18	19	20	D-Rate Pre-Service, Part 3 10 AM - 2 PM	Children and Trauma: Book Review 9 AM - 2 PM	Life After Trauma: Exploring Happiness 9 AM - 6:30 PM
24	25 The Picky Eater 10 AM - 1 PM	26	College Success: Connecting with the Disconnected Young Adult 6 PM - 9 PM	D-Rate Pre-Service, Part 4 10 AM - 2 PM		S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



RESOURCE: Emergency Food, Clothing and Assistance (562) 599-1321 (562) 591-1641

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FEBRUARY 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	, , ,	ive good advice or put t forming of a person's cl		Fetal Alcohol Syndrome 9 AM - 1 PM	College Success 10 AM - 6:30 PM
3	Nutrition: Sugar & Children's Behavior 10 AM - 1 PM	The Emotionally Intelligent Parent: Teaching Healthy Expressions 6 PM - 9 PM	6	Special Education: Embracing the Child's Identity 6 PM - 9 PM	8	They Do Not Complete Their Chores: Trauma and Memory 9 AM - 6:30 PM
DAYLIGHT SAVINGS TIME BEGINS	Boredom - Stimulating a Child's Development 6 PM - 9 PM	12	13	14	Children and Trauma: Book Review 9 AM - 2 PM	16
ST. PATRICK'S DAY 17	18	Understanding and Changing Poor Decision Making and Risk Taking Behavior 10 AM - 1 PM	20	PURIM 21 Becoming the Trauma Informed Parent 9 AM - 1 PM	22	Raising the Sexually Abused Child 9 AM - 6:30 PM
24	25 Conquering	26 Working With The	27	28	29	30
31	Obesity 10 AM - 1 PM	Biological Family 6 PM - 9 PM				



RESOURCE: Legal Assistance For Children's Rights (213) 368-6010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH 2019 S M T W T F S 1 2	1	2	3	4	5	6
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		Therapy: Exploring Various Approaches 6 PM - 9 PM		F - Rate Pre-Service, Part 1 5 PM - 9 PM	Eating Disorders 9 AM - 12 PM	Violence Through the Lifespan: An Analysis and Review of Development Impact 9 AM - 6:30 PM
7	8	9	10	11	12	13
	The Adult Child Who Boomerangs Home 9 AM - 1 PM	Somatic Disorders: When the Child Expresses their Trauma through Illness 6 PM - 9 PM	College Success 10 AM - 1 PM	F - Rate Pre-Service, Part 2 5 PM - 9 PM	Children and Trauma: Book Review 9 AM - 2 PM	College Success 10 AM - 3 PM
14	15	16 Codependency 6 PM - 9 PM	17	F - Rate Pre-Service, Part 3 5 PM - 9 PM	19	20
EASTER SUNDAY 21	22	23	24	F - Rate Pre-Service, Part 4 5 PM - 9 PM	RFA Written Directives 9 AM - 1 PM	27 Adoption 9 AM - 6:30 PM
28	29	30	MAY 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 .		ave never been hated by never been a parent." ~Bette	



Foster Care Month Blue Ribbon Month

RESOURCE: FREE Tutoring Kimberly Faulkner Los Angeles County Office of Education (562) 922-6931



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	"We cannot always b our youth, but we ca for the future." ~Fr		1	Renewing Your Foster Care License 9 AM - 1 PM	Working With Biological Families 9 AM - 1 PM	Celebrating Accomplishments & Reducing Burnout 9 AM - 6:30 PM
5	Blending Families Successfully 6 PM - 9 PM	7	8	9	Why Did I Tell: Addressing Guilt and Blame 9 AM - 3 PM	D-Rate Pre-Service, Part I 9 AM - 5:30 PM
MOTHER'S DAY 12	13	Avoiding Secondary Trauma: When the Child's History Impacts You 6 PM - 9 PM	15	16	17 Children and Trauma: Book Review 9 AM - 2 PM	D-Rate 18 Pre-Service, 18 Part II 9 AM - 5:30 PM The Emotionless Child:Implications and Significance 9 AM - 6:30 PM
19	Nutrition and Managing Mental Health 10 AM - 1 PM	21 Education Services for Transition Age Youth 6 PM - 9 PM	22	Preparing for School Breaks 6 PM - 9 PM	24	25
26	MEMORIAL DAY 27	28	29	30	31	JUNE 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



RESOURCE:
Developmental Rehabilitation
Tichenor Center - Special Needs Children
(562) 597-8717



Sunda	ıy	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"Your kids require you most of all to love them for who they are, not to spend your whole time trying to correct them." ~Bill Ayers					S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Becoming the Trauma Informed Parent I 9 AM - 6:30 PM
	2	3	4	5	6	Adoption 9 AM - 1 PM	Helping Children with Losses: Removal, Divorce, & the Absent Parent 9 AM - 6:30 PM
	9	10	Teaching Advocacy 6 PM - 9 PM	12	13	FLAG DAY 14 Children and Trauma: Book Review 9 AM - 2 PM	15
FATHER'S DAY	16	17	18	19	F - Rate Pre-Service, Part 1 5 PM - 9 PM	21	Play As A Tool For Healing 9 AM - 6:30 PM F - Rate Pre-Service, Part 2 9 AM - 5:30 PM
	23	24 Healthy Child Development	25	26	F - Rate Pre-Service, Part 3	28	29
	30	10 AM - 1 PM			5 PM - 9 PM		



Teen Parent Resources – Please enroll in a "W" Rate Training with our program Welcome Baby: Miller Children's & Women's Hospital Long Beach 2840 Long Beach Blvd Suite #260, Long Beach, CA 90806 562-933-2410 (Office)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JUNE 2019 S M T W T F S	1	2	3	INDEPENDENCE DAY 4	5	6
2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29					LifeBooks 9 AM - 3 PM	W - Rate Pre-Service, Part 1 9 AM - 5:30 PM
7	8	9	10	11	12	13
	Sibling Rivalry 6 - 9 PM					W - Rate Pre-Service, Part 2 9 AM - 5:30 PM
14	Parenting and the Teen Parent 9 AM - 1 PM	Special Education: Laws and Regulations 6 PM - 9 PM	17	18	19 Children and Trauma: Book Review	20
	9 AMI - I FMI	O PINI - 9 PINI			9 AM - 2 PM	
21	22	23	24	25	26	27
			TBD 10 AM - 2 PM			Attachment 9 AM - 6:30 PM
28	29	30	31			AUGUST 2019 S M T W T F S
	Nutrition: Understanding Labels & Impacts on Mental Health 10 AM - 1 PM	Caregivers: Overcoming Fears About Their First Placement 6 - 9 PM		"Perhaps it takes courag	e to raise children" ~John Steinbeck	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



RESOURCE: California Youth Connection Foster Youth Club - Empowerment and Advocacy (310) 575-9400 (562) 938-3114 (Long Beach)



Education Program 562.938.3014 562.938.3114

Foster and Kinship Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JULY 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	SEPTEMBER 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	"Educate your children t habit of holding passior tendencies subject to an will, and you have done from their future and cri	n and prejudice and evil nupright and reasoning much to abolish misery	1	W-Rate Pre-Service 9 AM - 5:30 PM Discipline and Punishment 9 AM - 2 PM	D - Rate Pre-Service, Part 1 9 AM - 5:30 PM
4	Working with the Biological Parent 9 AM - 1 PM	6	7	8	9	College Success 10 AM - 3 PM D - Rate Pre-Service, Part 2 9 AM - 5:30 PM
11	12	Community Resources 6 PM - 9 PM	The First Placement 9 AM - 1 PM	15	16 Children and Trauma: Book Review 9 AM - 2 PM	17
18	19	20	21	Incarcerated Parents 9 AM - 1 PM	23	Rights and Responsibilities 9 AM - 6:30 PM
25	Preparing for School Break 10 AM - 1 PM	27	28	Psychotropic Meds and Children 6 PM - 9 PM	30	31

September

RESOURCE: National Foster Parenting Association 1-(888) 694-7263

1-(800) 557-5238

Ed

Education Program 562.938.3014 562.938.3114

Foster and Kinship Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	LABOR DAY LBCC CLOSED	3	4	5	I Want My Mom: Transition Age Youth who Chooses to Return to the Biological Home 9 AM - 6:30 PM	F - Rate Pre-Service, Part 2 9 AM - 5:30 PM
8	Formulating Questions to Ask with Your 1st Placement 6 PM - 9 PM	How do I explain? Helping the Child Communicate their Feelings 10 AM - 2 PM	11	12	Children and Trauma: Book Review 9 AM - 2 PM	F - Rate Pre-Service, Part 2 9 AM - 5:30 PM
15	Children Who Boomerang Back to the Resource Home 6 PM - 9 PM	17	18	19	20	Nutrition and Child Development 9 AM - 6:30 PM
22	Life Books 10 AM - 1 PM	24	25	Stress and the Holidays 9 AM - 1 PM	27	28
29	ROSH HASHANA 30		gave me the greatest gift or rson, he believed in me." ~Ji	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	October 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	



RESOURCE: 4-Year University Services for Transition-aged Youth CSULB Guardians Scholars (562) 985-7598



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SEPTEMBER 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	NOVEMBER 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1	2	3	Adoption Readiness 9 AM - 1 PM	5
6	Holiday Safety	TBD 6 PM - 9 PM	YOM KIPPUR 9	10	11	Adoption 9 AM - 6:30 PM D - Rate Pre-Service, Part 1 9 AM - 5:30 PM
13	COLUMBUS DAY 14	15	16	Lying, Stealing, and Hoarding 6 PM - 9-PM	Children and Trauma: Book Review 9 AM - 2 PM	D - Rate Pre-Service, Part 2 9 AM - 5:30 PM
20	21	TBD 10 AM - 1 PM	23	24	25	26 Autism and Behavior 9 AM - 6:30 PM
27	28 Healthy Holidays 10 AM - 1 PM	29	30	HALLOWEEN 31	"It's not our job to tougl face a cruel and heartle raise children who will I less cruel and heartless.	rss world. It's our job to make the world a little

November 1

RESOURCE:

Helping Youth Counseling (562) 549-2249 Guidance Center (562) 485-3085



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	DECEMBER 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	"No man should brir world who is unwilli the end in their natu	ng children into the ng to persevere to		Project Parenting 9 AM - 1 PM	2
Daylight Savings 3	4	5	6	7	8	9
10	VETERANS DAY 11	Depression and the Holidays 10 AM - 1 PM	13	14 ТВD 6 РМ - 9 РМ	Children and Trauma: Book Review 9 AM - 2 PM	Special Education 9 AM - 6:30 PM
17	Parenting a Vegan, Vegetarian and Raw Diet Child 10 AM - 1 PM	Education Services for Transitional Age Youth 6 PM - 9 PM	20	21	22	23
24	25	26	27	THANKSGIVING 28 DAY LBCC CLOSED	THANKSGIVING 29 LBCC CLOSED	30



The Program is Closed Have a Happy Holiday Season!

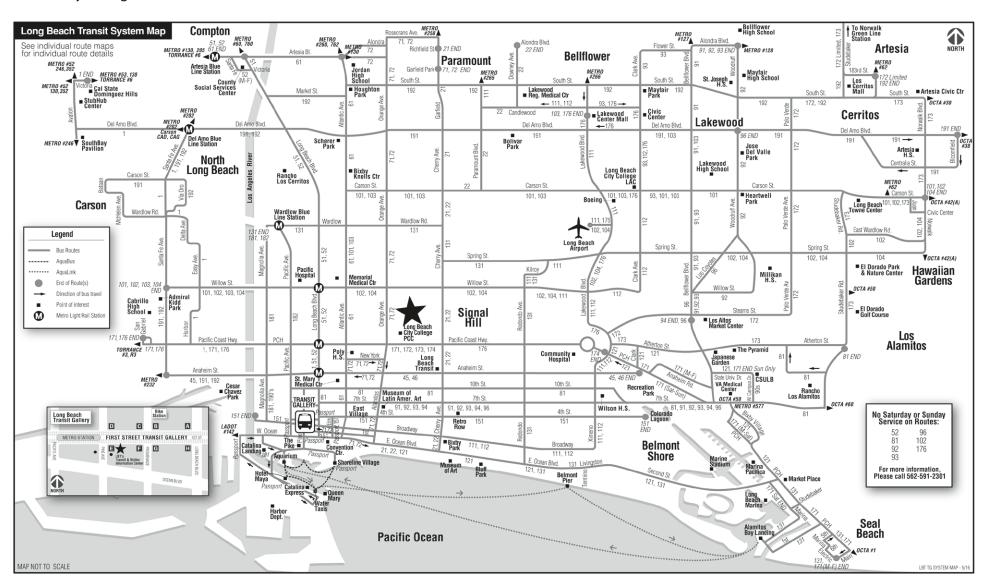


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Cultural Awareness and the Holidays 10 AM - 1 PM	Special Education: Advocacy 6 PM - 9 PM			RFA Written Directives 9 AM - 2 PM	TBD 9 AM - 6:30 PM
8	9	10	11	12	13	14
			The Foster Youth's Reproductive Choices: ART 10 AM - 2 PM		Children and Trauma: Book Review 9 AM - 2 PM	College Success 10 AM - 2 PM
15	16	17	18	19	20	21
						Children Who Harm Themselves: Cutting, Suicide and High-Risk Behavior 9 AM - 6:30 PM
22	23	CHRISTMAS EVE 24	CHRISTMAS DAY 25	26	27	28
			FIRST NIGHT OF HANNUKAH			
29	30	NEW YEAR'S EVE 31		nd confidence of my	NOVEMBER 2019 S M T W T F S 1 2	JANUARY 2020 S M T W T F S
			children was the swe receive for my efforts I would have them co	to be the woman	3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18
				opy. ·Louisa May Alcott	17 18 19 20 21 22 23 24 25 26 27 28 29 30	19 20 21 22 23 24 25 26 27 28 29 30 31

Foster & Kinship Care Education Program

Long Beach Transit System Map

courtesy Long Beach Transit





LONG BEACH CITY COLLEGE Pacific Coast Campus

Foster & Kinship Care Education Program 1305 E. Pacific Coast Highway Long Beach, California 90806

Non-Profit U.S. Postage **PAID** Long Beach, CA Permit No. 204

Interested in becoming a foster or adoptive parent?

Please follow the steps listed below:

- Attend a foster/adoptive parent orientation. You may register by calling the Foster/Adoption information line (800) 735-4984.
- Approval, the mandated foster/adoptive workshop training that initiated the foster care approval Foundation at (213) 640-3082 and request the RFA Department to become enrolled in an RFA Register and acquire the necessary requirements to become enrolled in RFA, Resource Family process through the Community College Foundation. Please call the Community College workshop. 7
- Participants interested in attending any RFA workshop must FIRST complete steps 1 and 2. m.

Foster & Kinship Care Education Program



STAFF: Kathle

STAFF: Kathleen Scott, Vice President Dana Van Sinden, Child Development and FKCE Director Dr. Claudia Garcia, Program Manager