

LBCC Child Development Center Menu

July 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 AM Cereal w/ Milk Lunch GARDEN BURGER WW Hamburger Bun Cucumber Coins Fresh Orange Milk PM Crackers w/ Milk	2 AM Cereal w/ Milk Lunch SPAGHETTI W/ TURKEY MEATSAUCE Fresh Spinach Leaves Honeydew Melon Chunks Milk PM Crackers w/ Milk	3 AM Cereal w/ Milk Lunch CHEESE QUESADILLA Whole Grain Tortilla Peas Fresh Gala Apple Milk PM Crackers w/ Milk	4  CENTER IS CLOSED	5 AM Cereal w/ Milk Lunch TURKEY & CHEESE SANDWICH Baby Carrots Fresh Nectarine Milk PM Crackers w/ Milk
8 AM Cereal w/ Milk Lunch DELI COMBO Cucumber Coins Fresh Peach Milk PM Crackers w/ Milk	9 AM Cereal w/ Milk Lunch TOSTADA BOAT FILLING Tostada Bowl Shredded Cheddar Cheese & Lettuce Mandarin Oranges Milk PM Crackers w/ Milk	10 AM Cereal w/ Milk Lunch TURKEY RICE CASSEROLE Brown Rice Broccoli Mandarin Oranges Milk PM Crackers w/ Milk	11 AM Cereal w/ Milk Lunch ARROZ CON POLLO Brown Rice Fiesta Corn Diced Pears Milk PM Crackers w/ Milk	12 AM Cereal w/ Milk Lunch TURKEY & HAM CHEESE SANDWICH Whole Wheat Bun Baby Carrots Fresh Nectarine Milk PM Crackers w/ Milk
15 AM Cereal w/ Milk Lunch CHEESE PIZZA Mixed Green Salad Red Peppers Milk PM Crackers w/ Milk	16 AM Cereal w/ Milk Lunch BBQ TURKEY WW Sliced Bread Cheesy Cauliflower Honeydew Melon Chunks Milk PM Crackers w/ Milk	17 AM Cereal w/ Milk Lunch SWEET & SOUR MEATBALLS Brown Rice Broccoli Mandarin Oranges Milk PM Crackers w/ Milk	18 AM Cereal w/ Milk Lunch GRILLED BBQ CHICKEN NUGGETS WW Breadstick Baked Beans Pineapple Tidbits Milk PM Crackers w/ Milk	19 AM Cereal w/ Milk Lunch TURKEY SALAMI & CHEESE Whole Wheat Bun Baby Carrots Fresh Apple Milk PM Crackers w/ Milk
22 AM Cereal w/ Milk Lunch SOUTHWEST CHICKEN SALAD WG Tortilla Strips Romaine Salad Corn & Black Beans Milk PM Crackers w/ Milk	23 AM Cereal w/ Milk Lunch TURKEY HAM & CHEESE PANINI Cucumber Coins Fresh Watermelon Milk PM Crackers w/ Milk	24 AM Cereal w/ Milk Lunch SALISBURY W/ GRAVY WW Dinner Roll Mashed Potatoes Cantaloupe Chunks Milk PM Crackers w/ Milk	25 AM Cereal w/ Milk Lunch MINI CHEESE RAVIOLI Peas Fresh Orange Milk PM Crackers w/ Milk	26 AM Cereal w/ Milk Lunch TURKEY BOLOGNA SANDWICH Whole Wheat Bun Baby Carrots Fresh Plum Milk PM Crackers w/ Milk
29 AM Cereal w/ Milk Lunch CHEF SALAD WW Breadstick Diced Turkey Shredded: Carrots, Lettuce & Cheddar Milk PM Crackers w/ Milk	30 AM Cereal w/ Milk Lunch SLOPPY JOE WW Hamburger Bun Fresh Spinach Leaves Fresh Watermelon Milk PM Crackers w/ Milk	31 AM Cereal w/ Milk Lunch CHICKEN PARMESAN Fresh Zucchini Coins Pineapple Tidbits Milk PM Crackers w/ Milk	 NATIONAL ICE CREAM MONTH!	<p>- USDA is an Equal opportunity Provider and Employer - Menu is subject to change - Milk is low fat.</p> 