

## CAREER OPPORTUNITIES

- CLINICAL NUTRITION ASSISTANT
- FOOD SERVICE MANAGEMENT
- HEALTH JOURNALIST
- NUTRITION COUNSELORS
- NUTRITION SALES AND MARKETING

## ...IN A VARIETY OF PLACES

- EATING DISORDER PROGRAMS
- FITNESS CENTERS
- HOSPITALS
- NUTRITION/ WELLNESS PROGRAMS
- NURSING AND RETIREMENT HOMES
- REHABILITATION CENTERS/ CONVALESCENT HOMES
- SCHOOLS AND CHILD CARE FACILITIES

## SALARY AND JOB OUTLOOK

Dietary Services Supervisors (DSS) have a salary range of \$55,000 to \$75,000 annually.

## NUTRITION AND DIETETICS

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 @LBCCNutrition

# NUTRITION AND DIETETICS



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CITY COLLEGE

LBCC's Nutrition and Dietetic programs prepare students for entry-level jobs in two years or less. Students earn state recognized certification and receive hands-on training in local health care facilities.

Day, evening and online classes are offered to accommodate the varying schedules of students.

Upon completion, students are assisted in job placement and career advancement. Many program graduates transfer to four-year universities to become Registered Dietitian Nutritionist

LBCC's Nutrition and Dietetics programs are accredited by the California Department of Public Health.



### **DIETETIC SERVICE SUPERVISOR (DSS) CERTIFICATE OF ACHIEVEMENT, AA DEGREE**

A DSS is certified to direct food service operations in health care facilities. The 30-unit certificate program may be completed in two full-time semesters. The Associate's Degree programs require additional major and general education courses, and to complete 150 hours of field experience.

### **NUTRITION ASSISTANT (NA) AS DEGREE**

A Nutrition Assistant serves as a nutrition counselor or manager, able to work in a variety of facilities. This two-year program consists of the DSS requirements, plus an additional 13 units and general education courses. Students must also complete 300 hours of field experience.

### **ASSOCIATE IN SCIENCE FOR TRANSFER (AS-T) DEGREE, NUTRITION & DIETETICS**

An AS-T degree provides a number of benefits for students planning to transfer to the Cal State University (CSU) system, including:

- Guaranteed admission into a CSU school with a similar major
- Priority consideration when applying to impacted majors and/or campuses
- Pathway to become a Registered Dietitian Nutritionist

### **FORMULA ROOM TECHNICIAN CERTIFICATE OF ACHIEVEMENT**

A Formula Room Technician is responsible for the safe and effective operation of equipment needed to prepare infant formula and maintain sanitation in the preparation room. This is a 17-unit program.

### **CDM Eligibility**

- Graduates of LBCC's Dietetic Service Supervisor Certificate/Degree and Nutrition Assistant Degree will have met the Pathway I requirements for eligibility for the Certified Dietary Manager (CDM) Certified Food Protection Professional (CFPP) credentialing exam offered by the Association of Nutrition & Foodservice Professionals (ANFP).
- The nutrition program offers free/non-credit courses and provides students with the information, resources, and insights to facilitate their preparation for the CDM/CFPP credentialing exam.

Federal and state regulations recognize the CDM credential as one of the qualifications necessary to be a director of food service in the health care facility.



### **LBCC'S NUTRITION CLUB**

The Nutrition Club participate in community events promoting healthy eating and good nutrition.