Healthy Viking Initiative presents

## Question Persuade Refer

Hosted by NAMI

A training to offer hope through positive action

Learn how to:

- -Recognize the warning signs of suicide
- -Know how to offer hope
- -Know how to get help and save a life

Open to students, staff and faculty

Thursday August 20<sup>th</sup> 11AM - 12:30PM

RSVP to reserve your spot at:

https://zoom.us/meeting/register/tJ0odu-rrDkrE9fDr5zqeWqZDPwu2tz9C-4B

by August 12th

For more information, contact Sergio at sgrimaldi@lbcc.edu

If you require accommodations, please contact DSPS at least 72 hours prior to the event at (562) 938-4558 or (562) 938-4833 (TTY) or dsps-staff@lbcc.edu. If you require sign language interpreting services, please contact Stephanie Bonales at sbonales@lbcc.edu or (562) 938-4918 at least seven days prior to the event.







